

Adopted 1998  
Revised August 2005

## **TRINITY HIGH SCHOOL EXTRA-CURRICULAR ACTIVITY CODE**

This is the Activity Code under which all extra-curricular activities operate. Students participating in these programs place themselves under this Code. Participation in activities is a privilege, not an inherent right.

**EXTRA-CURRICULAR ACTIVITIES:** All school-organized activities outside the regular class. This may include, but is not limited to: Athletics, clubs, king and queen candidates, math, speech contest, tutors, peer helpers, ASB officers, Senior trip, and Academic Decathlon events.

Extra-curricular activities are an integral part of our school curriculum and as such must contribute to the well being of all participants. Participants are reminded they represent the school and community and their actions must be a credit to both. All school rules apply in all extra-curricular activities.

The District strongly opposes student or parent sponsored activities that condone or promote the use of tobacco, alcohol, or drugs. Parents are encouraged to make sure their students are not involved in the use of tobacco, alcohol, or drugs.

### **1.0 DOCUMENTARY ELIGIBILITY (Athletics)**

- 1.1 Physical examination, parent permission forms, insurance forms, severe-injury forms and other forms as required shall be recorded on file in the School Office before any participation or practice is allowed.
- 1.2 Students are responsible to arrange for a physical examination of his/her own at no cost to the District. Results of the physical examinations shall be recorded on the appropriate District form and shall be renewed after July 1<sup>st</sup> annually.
- 1.3 Parent permission forms and emergency consent forms shall be on file at the school. A signature by a parent or legal guardian is required.
- 1.4 A prospective athlete shall either secure student insurance or have his/her parent or legal guardian complete the Statement of Responsibility for Athletic Insurance. Proof of payment for student insurance or the Statement of Responsibility shall be on file at the school
- 1.5 Students who wish to participate in extra-curricular activities must meet all CIF guidelines.
- 1.6 Students who participate in extra-curricular activities must have a "C" (2.00) GPA from the preceding grading period. Students must also be passing in at least twenty (20) credits of class work in order to be eligible. A Non-Pass grade is equal to an, "F". Night school and summer school credits may be counted towards total GPA.
- 1.7 Students who participate in extra-curricular activities must have no more than one F grade during the first or second six-week grading period of each semester. (These grading periods are also called the 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup>.) Students who participate in extra-curricular activities must have no F grades at the end of either semester grading periods.
- 1.8 A one-time, unconditional, probationary period may be used by any student for academic eligibility. This probationary period will last one posted grading period. At the end of that six-week period the student's grades must meet the requirements listed in section 1.7 to remain eligible. The probationary period will begin after the *Probationary Period for Academic Eligibility Form* is signed and completed.

### **2.0 USE OF ILLEGAL DRUGS OR ALCOHOL (During the season of sports)**

A student who possesses or uses illegal drugs or alcohol, on or off campus, in school or in non-school situations, during the sport and, or activity is in a violation of this code. Students in violation of this section of the code as well as previous sections will be subject to the disciplinary guidelines in the sections 2.1-2.4. A student in a non-school situation will be disciplined ONLY when the school receives written substantiated evidence from a law enforcement agency or other adult that observed the behavior first hand.

- 2.1 First Offense: Students, with parents, guardian, or mentor would be referred for services to the school or to Alcohol and Other Drugs (AOD) for assessment. Students would then return to the school with a treatment plan and/or educational plan at no cost to the school district. The students would be ineligible for competition for three weeks.

The students would be eligible to continue practice with their team but would not be able to travel with the team or be on or near the bench during competition. Students electing not to attend the referral or follow through with the treatment/education plan will be suspended from extra-curricular activities for not less than nine weeks.

- 2.2 Second offense: The students will be suspended from participation in all extra-curricular activities for no less than nine weeks. Students, with parent, guardian, or mentor would be referred for services to the school or to Alcohol and Other Drugs (AOD) for assessment. Students would then return to the school with a treatment plan and/or educational plan at no cost to the district. Students would be removed from their team for nine weeks. Students electing not to attend the referral or follow through with the treatment/education plan will be suspended from extra-curricular activities for the remainder of the semester and the following semester.
- 2.3 Third and subsequent offense students would be suspended from participating in all extra-curricular activities for one calendar year from the date of the incident.
- 2.4 A student removed from a team and who does not finish the season of sport will lose eligibility for post-season awards and honors.
- 2.5 Students who participate in extra-curricular activities may be assessed other penalties for inappropriate behavior. These include team rules imposed by the coach. These team contracts will be signed by the student and parents and be on file with the Athletic Director. These additional guidelines can exceed the severity of but not be less than the guidelines' set forth in this code.

### **3.0 USE OF TOBACCO (During season of sports)**

A student who possesses or uses tobacco (smoking or chewing), on or off campus, in school or in non-school situations, during the season of sports and/or activities is in a violation of this code.

- 3.1 First Offense: The student will be suspended from extra-curricular activities for not less than three weeks.
- 3.2 Subsequent offenses: The student will be suspended from participation in all extra-curricular activities for up to one calendar year from the date of the offense.
- 3.3 A student removed from a team and who does not finish the season of sport and/or activity will lose eligibility for post-season awards and honors.
- 3.4 Students who participate in extra-curricular activities may be assessed other penalties for inappropriate behavior. These include team rules imposed by the coach. These team contracts will be signed by the student and parents and be on file with the Athletic Director. These additional guidelines can exceed the severity of but not be less than the guidelines set forth in this code.

### **4.0 EQUIPMENT**

- 4.1 All equipment is issued to a student on a loan basis, subject to normal wear and tear. Equipment that is abused or lost must be paid for by the student to whom it was issued.
- 4.2 For a student to be eligible to participate in a subsequent activity, all equipment must be turned in after the season. Failure to do so shall result in school penalties.

### **5.0 TRANSPORTATION**

- 5.1 Transportation is arranged in most cases for students who participate in extra-curricular activities. Students shall ride both to and from the event in District approved transportation.
- 5.2 Parents wishing to provide their son or daughter transportation home from activities must sign the student out with the bus driver or coach.
- 5.3 If a student wishes to ride home from an event with a parent other than their own they must have a note signed by their parent or guardian stating who they wish their son or daughter to be transported home with and this must be signed by an administrator. This note must be presented to the coach before departure from the event.
- 5.4 A student may travel to an activity with his/her parent/guardian, upon approval by the Principal. Sometimes extenuating circumstances dictate this situation, such as, scheduled medical appointments or other conflicting school activities, which make normal transportation unfeasible.

## **6.0 ATTENDANCE**

- 6.1 If student is absent (for any portion of a day or for an entire school day) on the day of a scheduled game, special event, or field trip, the student may not participate in the event. Exception: If the student brings in a note from a doctor, dentist, or attorney excusing the absence for a prescheduled appointment, the student may participate.
- 6.2 If a student is absent for any portion of a school day on a day when a game, special event, or field trip is not scheduled, the student may participate in practice or regular club meeting after school. In this case, the coach or advisor will have the responsibility and the authority to determine if participation is in the best health interest of the athlete.
- 6.3 If an athlete is absent for the entire school day, the athlete may not participate in a scheduled practice. The athlete may not physically attend the practice to watch.
- 6.4 If a game, special event, or field trip is scheduled for a Saturday, a student may not participate if the student was absent the previous Friday for any portion of the day or for the entire school day. Exception: If the student brings in a note from a doctor, dentist, or attorney excusing the absence for a prescheduled appointment, the student may participate.

*Penalty:* The student will be ineligible for the activity. Participating while being ineligible will cause the student to be suspended from further activities for a period of five (5) school days.

## **7.0 DISCIPLINE**

- 7.1 If a student is sent to the principal's office for any violation, the student will be given an appropriate consequence. If the consequence is in the form of detention, the student must serve all detentions prior to participating in a game, special event or field trip.
- 7.2 School detentions are scheduled after school and during lunch (see student handbook). Detention times will not be altered for students participating in extra-curricular activities. Please do not request special consideration.
- 7.3 If a student is referred to the principal's office for continued violation of school roles and policies, the student will lose extra-curricular activity privileges.
- 7.4 Students cited for a criminal violation on or off campus shall be subject to the consequences of this code upon review by the school administration, even if the violations occur in non-school situations.

## **8.0 GENERAL ATHLETIC POLICY**

- 8.1 No athlete may participate on two interscholastic sports during the same season of sport.
- 8.2 Medical and insurance forms **MUST** be on file with the Athletic Director before the athlete is allowed to practice or be issued any equipment or a uniform.
- 8.3 Letters are awarded only to players, managers, and cheerleaders.
- 8.4 An athlete must complete a full season, except for injury, in order to letter. The athlete must be on the team before the first league contest and through the last league contest and any play-off contest.
- 8.5 No letters or awards will be presented until all equipment and uniform parts are turned in.
- 8.6 An athlete is not allowed to participate in another sport until cleared by the coach from a previous sport.
- 8.7 An athlete who is dropped from a team for disciplinary reasons or who quits, will not be allowed on another team. An athlete off of Team A may not join Team B until the season of sport for Team A has been completed.
- 8.8 Pilferage (stealing) is the unauthorized possession of any equipment or uniform parts belonging to any school. This action will cause the athlete to be ineligible from athletics for the remainder of the school year.

8.9 No athlete will participate in the next season of sport until the previous season of sport is completed. An athlete from Team A may not join Team B until the season of sport is completed for Team A or for that individual.

## **9.0 INTERPRETATION OF EXTRA-CURRICULAR CODE**

The principal of the school shall be the final authority in the interpretation of this extra-curricular code including, but not limited to, decisions regarding termination of a student from an extra-curricular activity. In matters of appeal all recommendations shall be made to the Superintendent.

## **10.0 ATHLETIC TRAVEL- WAIVER OF LIABILITY**

This is to advise you that under California Education Code Section 35330(d) if your child goes on trips authorized by this Districts Board of Trustees, you and your child are deemed to have waived a claim against this District and the State of California for injury, accident, illness, or death occurring during or by reason of the trips. By signing this form, you acknowledge that you are aware of this law and that your child is being allowed to go on scheduled athletic trips with your permission

Students will travel to and from school activities and athletic events in school transportation or in school approved vehicles. Adult volunteer drivers and private transportation may be used according to written District Policy. Exceptions: Students may return from an activity with their parent or with the parent of another student. A written request from the parent must be approved and co-signed by the Principal. This note is then given to the team's coach.

## **11.0 SEVERE INJURY - WARNING**

PARTICIPATION IN COMPETITIVE ATHLETICS MAY RESULT IN SEVERE INJURY, WHICH MAY INCLUDE PARALYSIS OR EVEN DEATH. CHANGES IN GAME RULES, IMPROVED CONDITIONING PROGRAMS, AND IMPROVEMENT IN EQUIPMENT HAVE HELPED REDUCE THESE RISKS BUT IT IS IMPOSSIBLE TO TOTALLY ELIMINATE SUCH SEVERE INJURY FROM ATHLETICS.

Players can reduce the chance of an injury by obeying all safety rules in their sport, reporting any personal physical problem they have to their coach, follow the proper conditioning program and inspect their own equipment every day. Damaged equipment is not to be used and must be replaced immediately.

**EVEN IF ALL THESE REQUIREMENTS ARE MET, AND THE ATHLETE IS USING PROPER EQUIPMENT, SERIOUS ACCIDENTS MAY STILL OCCUR.**

## **12.0 STUDENT CONTRACT - ATHLETIC PARTICIPATION**

*Student athletes must agree to the following statements:*

- 12.1 Athletes will follow all the rules of Trinity High School the rules of the Activity Code, and all team rules as set by individual coaches.
- 12.2 Athletes will not use alcohol, tobacco, drugs, or steroids.
- 12.3 Athletes will maintain good academic and citizenship records.
- 12.4 Athletes will conduct themselves in such a manner as not to bring discredit upon themselves, their team, or their school.
- 12.5 Athletes will turn in all school equipment and uniforms within one week following the end of the season. Athletes are responsible for any items that are lost and will pay for the replacement of such items.