

TRINITY HIGH WOLVES

BREAKFAST OCTOBER 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1 BREAKFAST PIZZA CRUNCHY COLD CEREAL GRAHAM CRACKER	2 CRUNCHY COLD CEREAL APPLE CINNAMON GRAHAM YOGURT EARLY RELEASE DAY	3 BREAKFAST SANDWICH CRUNCHY COLD CEREAL GRAHAM CRACKER	4 BISCUITS & SAUSAGE GRAVY CRUNCHY COLD CEREAL GRAHAM CRACKER	5 WARM MUFFINS YOGURT CRUNCHY COLD CEREAL GRAHAM CRACKER
8 NO SCHOOL TODAY COLOMBUS DAY	9 CRUNCHY COLD CEREAL APPLE CINNAMON GRAHAM CHEESE STICKS EARLY RELEASE DAY	10 SCRAMBLED EGGS WITH BACON & CHEESE HASH BROWNS CRUNCHY COLD CEREAL GRAHAM CRACKER	11 CINNAMON FRENCH TOAST SYRUP/PB CRUNCHY COLD CEREAL GRAHAM CRACKER	12 DONUTS YOGURT CRUNCHY COLD CEREAL GRAHAM CRACKER
15 OATMEAL BLUEBERRIES CRUNCHY COLD CEREAL GRAHAM CRACKER	16 CRUNCHY COLD CEREAL APPLE CINNAMON GRAHAM YOGURT EARLY RELEASE DAY	17 WARM CHEESEY OMELET HAM CRUNCHY COLD CEREAL GRAHAM CRACKER	18 YOGURT BAR CRUNCHY COLD CEREAL GRAHAM CRACKER	19 CINNAMON ROLLS SAUSAGE CRUNCHY COLD CEREAL GRAHAM CRACKER
22 WARM BAGELS CREAM CHEESE/PB CRUNCHY COLD CEREAL GRAHAM CRACKER	23 CRUNCHY COLD CEREAL APPLE CINNAMON GRAHAM CHEESE STICKS EARLY RELEASE DAY	24 BREAKFAST BURRITO SALSA CRUNCHY COLD CEREAL GRAHAM CRACKER	25 BISCUITS & SAUSAGE GRAVY CRUNCHY COLD CEREAL GRAHAM CRACKER	26 BLUEBERRY CRUMBLE BREAKFAST CAKE YOGURT CRUNCHY COLD CEREAL GRAHAM CRACKER
29 FRENCH TOAST SYRUP SAUSAGE CRUNCHY COLD CEREAL GRAHAM CRACKER	30 CRUNCHY COLD CEREAL APPLE CINNAMON GRAHAM CHEESE STICKS EARLY RELEASE DAY	31 PUMPKIN PRETZEL CHEESE STICKS HALLOWEEN		
	Breakfast Includes: CHILLED FRUIT JUICE SEASONAL FRUIT VARIETY OF MILK		THS <u>Breakfast</u> <u>Lunch</u> Student: 2.00 3.25 Adult: 2.75 4.50	

TRINITY HIGH WOLVES

LUNCH



OCTOBER 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1 CHICKEN STRIPS RICE PILAF	2 CRUNCHY NACHO'S FRESH TOPPINGS CHILI/CHEESE	3 RAVIOLI'S GARLIC BREAD STICKS PARMESAN CHEESE	4 CHINESE STIR-FRY FORTUNE COOKIE EGG ROLL	5 WARM TURKEY & CHEESE SANDWICH SUN CHIP BROWNIE
8 NO SCHOOL TODAY  COLOMBUS DAY	9 PORK CARNITAS TACOS REFRIED BEANS FRESH TOPPINGS	10 BBQ CHICKEN LEGS GREEN BEANS ROLLS	11 CHEESEBURGER MAC SALAD BAR	12 PIZZA YOGURT
15 CRUNCHY CHICKEN SANDWICH CORN EARLY RELEASE DAY	16 BEAN & CHEESE BURRITOS SPANISH RICE EARLY RELEASE DAY	17 LASAGNA GARLIC BREAD STICKS EARLY RELEASE DAY	18 TURKEY ROAST MASHED POTATO/GRAVY ROLL EARLY RELEASE DAY	19 HOT PASTRAMI SANDWICH CHIPS EARLY RELEASE DAY
22 CRISPY CHICKEN LEGS MAC & CHEESE	23 BEEF TACO TUESDAY FRESH TOPPINGS REFRIED BEANS EARLY RELEASE DAY	24 SLOPPY JOES WAFFLE FRIES	25 ORANGE CHICKEN SEASONED RICE FORTUNE COOKIE EGG ROLL	26 FRENCH BREAD PIZZA YOGURT
29 BBQ PORK RIB SANDWICH SEASONED FRENCH FRIES	30 CHICKEN & CHEESE BURRITO MEXICAN BEANS EARLY RELEASE DAY	31 HAM & CHEESE ROLL UPS POTATO CHIPS SOUR RAISINS PUDDING HALLOWEEN		
	<u>Lunch Includes:</u> SALAD BAR WITH SEASONAL FRUIT & VEGETABLES VARIETY OF MILK		THS <u>Breakfast</u> <u>Lunch</u> Student: 2.00 3.25 Adult: 2.75 4.50	