

Trinity High School

ATHLETIC PARTICIPATION POLICIES

The policies pertaining to student-athletes are intended to enhance the quality of the experiences available through educational athletics by providing a program based on proper discipline and positive values. Being a Trinity Alps Unified School District (TAUSD) student-athlete carries with it a tremendous amount of responsibility. A student who elects to participate in athletics is voluntarily making a choice of self-discipline and dedication. This necessitates a strong emphasis on good training habits. Your conduct at school, practice and games affects the image people have of TAUSD schools and our local community. Strive to represent your school and community with pride and dignity. It must be understood that students who choose not to follow the rules set forth by the TAUSD School's athletic department and, as appropriate, the California Interscholastic Federation guidelines may be denied the privilege of participation in athletics. These policies were established with the athletes' well-being and fitness in mind. We are striving for excellence and want our athletes to work to be their best. You have accepted the challenge of athletic participation. Now you must set goals and make a personal commitment to achieve those goals.

PHILOSOPHY

Interscholastic athletics shall be an integral part of the total school program. The purpose of athletics is to foster optimum growth - physical, mental, social and moral - of the participants. Emphasis shall be upon teaching "through athletics" in addition to teaching the skills "of athletics". We believe that our athletes are students first, and that their experiences in athletics are a vital part of the total education available at Trinity Alps Unified School District. BP 6145.2

EXPECTATIONS OF ATHLETES

Participation

Athletics is voluntary. Participation is not required for graduation and thus, being on a sports team is a privilege which must be earned and not a right. With that privilege come responsibilities to maintain the established standards of conduct of this district as defined in the Activity Code, The "Six Pillars of Character" contained in the Code of Conduct for Interscholastic Student-Athletes, and the principles contained in "Pursuing Victory with Honor" both on and off the field.

Athletics as a Part of the Educational Program

Athletics are just one of many parts of the education program that is provided to students. The reason students are in school is to learn and therefore academics will always come first. Maintaining academic eligibility is the student's responsibility, not that of coaches or teachers. Eligibility can also be lost because of poor attendance or citizenship. Participating in athletics and being on a team may mean sacrifices. The commitment an athlete makes to his/her team and coach requires that choices be made and priorities kept.

Being a Part of the Team

Athletes learn many skills to play their chosen sport but the most important skill that must be learned is teamwork. To be successful, every member of the team must work together to make the whole greater than the sum of the parts.

Coming Ready to Play

Athletes should come to practice on time, ready to listen and ready to learn. Athletes should be prepared physically and mentally for the season. This includes training in the preseason and taking care of your body and mind during the season.

Conduct On and Off the Field/Court

On the field/court:

Athletes are respectful towards their teammates, coaches, opponents, fans, and officials. They play by all the rules of the game all the time.

On campus:

Athletes set an example of good citizenship. They help promote school spirit and they should strive to be positive leaders in school activities.

In the classroom:

Athletes show respect for teachers and fellow students.

At all times:

Athletes represent their team, school and community. Athletes should be conscious of their appearance and manners at all times.

Sportsmanship

Athletics mean more than competition between individuals or teams representing different schools. It is a means of learning the lessons of life. Winning and losing are a part of competition and should be done with modesty in victory and graciousness in defeat. BP 6145.2

Code of Conduct for Interscholastic Student-Athletes

Interscholastic athletic competition should demonstrate high standards of ethics and sportsmanship and promote the development of good character and other important life skills. The highest potential of sports is achieved when participants are committed to pursuing victory with honor according to six core principles: trustworthiness, respect, responsibility, fairness, caring, and good citizenship (the "Six Pillars of Character"). This Code applies to all student-athletes involved in interscholastic sports in California.

I understand that, in order to participate in interscholastic athletics, I must act in accord with the following:

➤ TRUSTWORTHINESS

Trustworthiness — be worthy of trust in all I do.

Integrity — live up to high ideals of ethics and sportsmanship and always pursue victory with honor; do what's right even when it's unpopular or personally costly.

Honesty — live and compete honorably; don't lie, cheat, steal or engage in any other dishonest or unsportsmanlike conduct.

Reliability — fulfill commitments; do what I say I will do; be on time to practices and games.

Loyalty — be loyal to my school and team; put the team above personal glory.

➤ RESPECT

Respect — treat all people with respect all the time and require the same of other student-athletes.

Class — live and play with class; be a good sport; be gracious in victory and accept defeat with dignity; give fallen opponents help, compliment extraordinary performance, show sincere respect in pre- and post-game rituals.

Disrespectful Conduct — don't engage in disrespectful conduct of any sort including profanity, obscene gestures, offensive remarks of a sexual or racial nature, trash-talking, taunting, boastful celebrations, or other actions that demean individuals or the sport.

Respect Officials — treat contest officials with respect; don't complain about or argue with official calls or decisions during or after an athletic event.

➤ **RESPONSIBILITY**

Importance of Education — be a student first and commit to getting the best education I can. Be honest with myself about the likelihood of getting an athletic scholarship or playing on a professional level and remember that many universities will not recruit student-athletes that do not have a serious commitment to their education, the ability to succeed academically or the character to represent their institution honorably.

Role-Modeling — Remember, participation in sports is a privilege, not a right and that I am expected to represent my school, coach and teammates with honor, on and off the field. Consistently exhibit good character and conduct yourself as a positive role model. Suspension or termination of the participation privilege is within the sole discretion of the school administration.

Self-Control — exercise self-control; don't fight or show excessive displays of anger or frustration; have the strength to overcome the temptation to retaliate.

Healthy Lifestyle — safeguard your health; don't use any illegal or unhealthy substances including alcohol, tobacco and drugs or engage in any unhealthy techniques to gain, lose or maintain weight.

Integrity of the Game — protect the integrity of the game; don't gamble. Play the game according to the rules.

➤ **FAIRNESS**

Be Fair — live up to high standards of fair play; be open-minded; always be willing to listen and learn.

➤ **CARING**

Concern for Others — demonstrate concern for others; never intentionally injure any player or engage in reckless behavior that might cause injury to myself or others.

Teammates — help promote the well-being of teammates by positive counseling and encouragement or by reporting any unhealthy or dangerous conduct to coaches.

➤ **CITIZENSHIP**

Play by the Rules — maintain a thorough knowledge of and abide by all applicable game and competition rules.

Spirit of rules — honor the spirit and the letter of rules; avoid temptations to gain competitive advantage through improper gamesmanship techniques that violate the highest traditions of sportsmanship.

EXPECTATIONS OF PARENTS

Keeping Athletics in Perspective

Emphasize that academics always come first. Assist the student to structure time wisely so that athletics do not interfere with academics. Use athletics as a way to teach our children how to react and interact with other people during tense situations. Help your athlete understand that athletic ability varies with body maturity and that effort is just as important as natural ability.

Supporting your Student Athlete

Encourage participation by both girls and boys. Allow the student to select the sport based on his/her perceived ability and likes. Provide a pressure free environment regarding scholarship expectations.

Be supportive of your athlete: see that his/her medical needs are met; see that he/she has proper equipment; attend as many of your child's contests as possible. Stress the importance of the complete athlete, both mental and physical preparation. Do not emphasize "quitting" as the best way to solve problems, but rather perseverance.

Supporting the Program

Be supportive of the coaching staff. Go to all meetings requested by coaches. Being on a successful team is important to your athlete. Support the coaches' preparation plan. Talk to your athlete frequently about how things are going with his/her sport. Make arrangements to talk to the coaches privately and early about perceived problems. During the season, take into consideration practice and games when planning family events.

- Understand the needs of the particular sports. Some take more equipment, some take more time and others may call for some form of year-round preparation.
- Support the district policy of no profanity, alcohol, illegal drugs, or tobacco.
- Model positive behavior towards everyone involved in the event as described in the "Six Pillars of Character" contained in the Code of Conduct for Interscholastic Sports. Failure to display appropriate behavior may result in your removal from the event.

Athletic participation is a unique opportunity in which your child's education can be enhanced. It is a privilege to participate in extra-curricular activities and the support of all players and their families is essential to run a quality program. Families are asked to volunteer five hours of their time at home events and/or fundraisers for each sport their child plays. A \$50 donation to the athletic department may be made in lieu of volunteer hours. Volunteer opportunities may include keeping the scorebook, volleyball line judge, collecting admission fees, and/or working at the concession stands. Please contact your child's coach or the athletic director to volunteer.

Communications with Coaches

Communications with coaches should be limited to:

- Suggested ways to help your student-athlete improve his or her skills.
- Concerns about your student athlete's behavior and/or academic progress.

It is very difficult to accept that your child may not play as much as you may have hoped. Our coaches are required to make judgment decisions based upon evaluation of practice performance and what they believe to be in the best interest of all those involved in their programs. As you have read above, certain things can be and should be discussed with your child's coach. Other things, such as the following, must be left to the coach's discretion:

- Playing time
- Team strategy
- Play calling
- Other student athletes

If you have a concern to discuss with a coach, please follow the procedures listed below:

Have your child meet with his/her coach to discuss the issue. In most cases this meeting can resolve issues and questions.

Call the coach directly to discuss your concerns.

Please do not attempt to confront a coach before or after a contest, or practice. This can be an emotional time for both the parent and the coach. Meetings of this nature do not promote conflict resolution.

The next step:

If the coach-athlete and parent-coach meetings do not provide satisfactory resolution to the concern, THEN, call and set up an appointment with the Athletic Administrator, Principal, and the coach to discuss the situation. At this meeting, issues of concern will be discussed and an appropriate plan of action developed.

Try-out Procedures

Coaches have a very tough task deciding who and how many student-athletes will be on teams based upon many factors including equipment, manageable numbers of participants, travel considerations, etc. Every attempt to be fair and equitable will be made in situations where cuts are necessary.

Coaches will:

Provide written/verbal criteria for cuts.

Advertise tryouts through the school bulletin and through announcements at school. Have a clear time frame for when cuts will be made and post team lists when advertised by the coach.

Team Selection:

The coach will conduct try-outs at the beginning of each season to determine the potential ability of each student to perform or compete at the necessary skill level to be comfortable and successful. Coaches may arrange teams by skill level to allow for the fullest possible development for the athlete. Coaches may set limits on the number of students to participate on each team.

In addition to student skill level, selection consideration will be given to the following characteristics:

- Attitude
- Effort
- Potential
- Conduct
- Expectation of performance readiness
- Dedication to the sport

STEROID POLICY-TRINITY HIGH SCHOOL

As a condition of membership in the CIF, all schools shall adopt policies prohibiting the use and abuse of androgenic/anabolic steroids. All member schools shall have participating students and their parents, legal guardian/caregiver agree that the athlete will not use steroids without the written prescription of a fully licensed healthcare practitioner to treat a medical condition (Bylaw 523).

The participating student-athlete and the parents, legal guardian/caregiver -agree that the student shall not use the androgenic/anabolic steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition. They also recognize that that under CIF Bylaw 202.B, there could be penalties for false or fraudulent information. They also understand that the Trinity High School policy regarding the use of illegal drugs will be enforced for any violations of these rules. BP 5131.63

NORTHERN SECTION PLAYOFFS

Trinity High School will opt out of the post season Northern Section playoff contests if a team has not achieved a .500 record in at least one of the following categories during the regular season:

1. In league play
2. Against Division Opponents
3. Overall Record.

ATHLETIC / ACTIVITY CODE OF CONDUCT

This is the Activity Code under which all athletic activities operate. Students participating in these programs place themselves under this Code. Participation in activities is a privilege, not an inherent right.

Athletic activities are an integral part of our school curriculum and as such must contribute to the well being of all participants. Participants are reminded they represent the school and community and their actions must be a credit to both. All school rules apply in all extra-curricular activities.

The District strongly opposes student or parent sponsored activities that condone or promote the use of tobacco, alcohol, or drugs. Parents are encouraged to make sure their students are not involved in the use of tobacco, alcohol, or drugs.

The Code of Conduct is the set of major rules established primarily for the health and safety of our student-athletes. These rules, listed below, have specific penalties, and are referred to the Principal for enforcement.

Furthermore, conduct detrimental to the school district, depending on severity, may be considered a violation of the Athletic Activity Code of Conduct.

1.0 DOCUMENTARY ELIGIBILITY

- 1.1 Students who participate in extra-curricular activities must have earned a "C" (2.00) GPA on a 4.0 scale from the preceding grading period with no grade of "F". The superintendent or designee may waive the "no grade of F allowed" requirement for one class only per grading period if the student's attendance, effort and behavior satisfactorily meet the standards of the North Section CIF and the district. For the purpose of determining academic eligibility for the participation in extra curricular activities the nine week Interim Reports of each semester, and the Semester 1 and Semester 2 grades will be used. Students must also be passing in at least twenty (20) credits of class work in order to be eligible. A Non-Pass grade is equal to an "F". Night school and summer school credits may be counted towards total GPA. Students may not tryout for a team if they are ineligible during the tryout period. BP 6145
- 1.2 Physical examination, parent permission forms, insurance forms, severe-injury forms and other forms as required, as well as payment of transportation fee(s), shall be recorded on file in the School Office before any participation or practice may be allowed. Note: Physical examinations are required for all students participating in athletic programs grades 6-12.
- 1.3 Students are responsible to arrange for a physical examination of his/her own at no cost to the District. Results of the physical examinations shall be recorded on the appropriate District form and shall be renewed annually.

- 1.4 Parent permission forms and emergency consent forms shall be on file at the school. A signature by a parent or legal guardian is required.
- 1.5 A prospective athlete shall either secure student insurance or have his/her parent or legal guardian, complete the Statement of Responsibility for Athletic Insurance. Proof of payment for student insurance or the Statement of Responsibility shall be on file at the school. BP 5143
- 1.6 High school students who wish to participate in extra-curricular activities must meet all CIF guidelines.
- 1.7 The Superintendent or designee may grant ineligible students a probationary period of not more than one grading period for athletic participation. Students granted probationary eligibility must meet the required standards by the end of the probationary grading period in order to remain eligible for participation. Only one such probationary period may be used by a student throughout his/her high school career. BP 6145

2.0 USE OF ILLEGAL DRUGS, ALCOHOL OR TOBACCO

During a student's tenure at the TAUSD, a student who possesses or uses illegal drugs, alcohol, tobacco, or "look-a-like" products, misuses or illegally uses or possesses prescription drugs, on or off campus, in school or in non-school situations, is in violation of this code. Students in violation of this section of the code as well as previous sections will be subject to the disciplinary guidelines in the sections 2.1-2.5. A student in a non-school situation will be disciplined ONLY when the school receives written substantiated evidence from a law enforcement agency or school personnel. The sanctions will be in effect from the date that the school receives written substantiated evidence of the infraction from a law enforcement agency or school personnel. BP 5131.62

- 2.1 First Offense: Students, with parents, guardian, or mentor would be referred for services to the school or to Alcohol and Other Drugs (AOD) for assessment. Students would then return to the school with a treatment plan and/or educational plan at no cost to the school district. This plan shall require proof of a minimum of one hour per week of school approved drug / alcohol counseling for the duration of the student's ineligibility status. The students would be ineligible for participation for six weeks. Students would not be able to try out for a team while under the provisions of this policy. Students electing not to attend the referral or follow through with the treatment/education plan will be suspended from athletic activities for not less than nine weeks.
- 2.2 Second offense: The students will be suspended from participation in all athletic activities for not less than nine weeks. Students, with parent, guardian, or mentor would be referred for services to the school or to Alcohol and Other Drugs (AOD) for assessment. Students would then return to the school with a treatment plan and/or educational plan at no cost to the district. This plan shall require proof of a minimum of one hour per week of school approved drug / alcohol counseling for the duration of the student's ineligibility status. Students would be removed from their team / extra-curricular activity for nine weeks. Students electing not to attend the referral or follow through with the treatment/education plan will be suspended from team / athletic activities for the remainder of the semester and the following semester.
- 2.3 Third and subsequent offense: students would be suspended from participating in all team / athletic activities for one calendar year from the date of the incident.
- 2.4 A student removed from a team and who does not finish the season of sport will lose eligibility for post-season awards and honors.

2.5 Students who participate in athletic activities may be assessed other penalties for inappropriate behavior. These include team / athletic activity rules imposed by the coach / advisor and specified on any team / athletic activity contract signed by the student and parent. These team contracts will be kept on file with the Athletic Director or with administration at the beginning of the season or activity. These additional guidelines can exceed the severity of, but not be less than the guidelines' set forth in this code.

3.0 EQUIPMENT

3.1 All equipment is issued to a student on a loan basis, subject to normal wear and tear. Equipment that is abused or lost must be paid for by the student to whom it was issued.

3.2 For a student to be eligible to participate in a subsequent activity, all equipment must be turned in after the season. Failure to do so shall result in school penalties.

4.0 TRANSPORTATION

4.1 Transportation is arranged for league and post-season contests for students who participate in athletic activities. Athletic teams not in a league will be provided transportation on a pro-rated basis. Students shall ride both to and from the event in District approved transportation.

4.2 Parents wishing to provide their son or daughter transportation home from activities must sign the student out with the coach.

4.3 If a student wishes to ride home from an event with a parent other than their own they must have a note signed by their parent or guardian stating who they wish their son or daughter to be transported home with and this must be signed by an administrator or designee. This note must be presented to the coach before departure from the event. BP 3541.1

4.4 A student may travel to an activity with his/her parent/guardian, upon approval by the administrator or designee. Sometimes extenuating circumstances dictate this situation, such as, scheduled medical appointments or other conflicting school activities, which make normal transportation unfeasible.

5.0 ATTENDANCE

5.1 If student is absent (for any portion of a day or for an entire school day) on the day of a scheduled game, practice, special event, or field trip, the student may not participate in the event. The athlete may not physically attend the athletic activity to watch. Exception: If the student brings in a note from a doctor, dentist, attorney, excusing the absence for a prescheduled appointment, the student may participate.

5.2 If a game, special event, or field trip is scheduled for a Saturday, a student may not participate if the student was absent the previous Friday for any portion of the day or for the entire school day. Exception: If the student brings in a note from a doctor, dentist, attorney, or parent excusing the absence for a prescheduled appointment and/or illness, the student may participate.

Penalty: The student will be ineligible for the activity. Participating while being ineligible will cause the student to be suspended from further activities for a period of five (5) school days.

6.0 DISCIPLINE

- 6.1 If a student is sent to the principal's office for any violation, the student will be given an appropriate consequence. If the consequence is in the form of detention, the student must be actively serving detentions at the next available opportunity to remain eligible to participate in a game, practice, special event or field trip.
- 6.2 School detentions are scheduled after school and during lunch (see student handbook). Detention times will not be altered for students participating in extra-curricular activities. Please do not request special consideration.
- 6.3 If a student is referred to the principal's office for continued violation of school rules and policies, the student will lose extra-curricular activity privileges.
- 6.4 Students cited for a criminal violation on or off campus shall be subject to the consequences of this code upon review by the school administration, even if the violations occur in non-school situations.
- 6.5 A student receiving a suspension during the season, in addition to regular disciplinary actions, will be suspended from participating in practice or athletic events on the day(s) of the suspension. Depending on the severity, the student may, in addition, be subject to the consequences as deemed appropriate by school administration. BP 5144.1
- 6.6 A student receiving three or more suspensions during the current school year-will become automatically ineligible for all athletic participation for the remainder of the school year effective immediately upon receiving the third suspension (this policy is inclusive of three separate incidents warranting suspension).

7.0 GENERAL ATHLETIC POLICY

- 7.1 Trinity Alps Unified School District seeks to provide quality extra-curricular athletic opportunities for its students. Some students have talents and abilities which they have a desire to contribute to more than one team in a particular athletic season, and both of these teams can benefit. Some activities may struggle with low numbers, and this can boost participation in those sports. The student must have also demonstrated the academic ability to handle the additional practice time and potentially increased missed class time.
 - a. Students are allowed to participate in two extra-curricular sports activities during the same season. Students wishing to participate in two sports during the same season will need to obtain a contract form from the athletic director and follow the guidelines set down by the athletic department involving dual sport participation.
 - b. A student who wishes to participate in two sports during the same season must designate a primary sport before the beginning of the first appointed date of practice set by CIFNS for the season of participation, and the Dual Sport Contract must be signed by all parties.
 - c. A primary sport is defined as the sport which takes precedence over another sport in the event there is a conflict of schedule or any other matter that could lead to a conflict. The student must adhere to the primary sport in the event of any and all conflicts of schedule. If one sport has a contest and the other has practice, the contest will take precedence.
 - d. The student must practice in both sports but the amount of practice time must meet the agreed requirements of the head coaches of those sports involved.
 - e. Approval may be denied because of academic concerns at any time during the sport season. The athlete then will participate in the primary sport only.

- f. The student and parents or legal guardians, must sign a contract of dual-sport participation before the first practice session he or she attends.
 - g. In the event that a student is disciplined for any infraction in a specific sport, the consequence will also be applied to the second sport in the season of dual participation, in accordance with the THS Athletic Policy. That suspension is to be served for both the primary sport and non-priority sport.
 - h. The High School Athletic Administrator and the High School Principal will serve in the capacity of advisors and final judgments on matters concerning dual-sports participation.
- 7.2 Medical and insurance forms MUST be on file with the Athletic Director before the athlete is allowed to practice or be issued any equipment or a uniform. BP 5141.3
- 7.3 Letters are awarded only to players, managers, and cheerleaders.
- 7.4 An athlete must complete a full season, except for injury, in order to letter. The athlete must be on the team before the first league contest and through the last league contest and any play-off contest.
- 7.5 No letters or awards will be presented until all equipment and uniform parts are turned in.
- 7.7 An athlete who is dropped from a team for disciplinary reasons or who quits, will not be allowed on another team. An athlete off of Team A may not join Team B until the season of sport for Team A has been completed. Exception: An athlete who quits Team A before the roster is finalized may join Team B during the same season of sport.
- 7.8 Pilferage (stealing) is the unauthorized possession of any equipment or uniform parts belonging to any school. This action will cause the athlete to be ineligible from athletics for the remainder of the school year.
- 7.9 No athlete will participate in the next season of sport until the previous season of sport is completed. An athlete from Team A may not join Team B until the season of sport is completed for Team A or for that individual.
- 7.10 Individual coaches may also establish "Team Rules" which do not conflict with the Code of Conduct or CIF guidelines. Coaches are responsible for communicating these rules to student-athletes and their parents. Enforcement of a coach's individual rules is left up to the coach, under the direction of the Athletic Administrator. All rules must be approved by the Athletic Administrator or Principal in advance.

8.0 INTERPRETATION OF EXTRA-CURRICULAR CODE

The principal of the school shall be the first authority in the interpretation of this extra-curricular code including, but not limited to, decisions regarding termination of a student from an extra-curricular activity. In matters of appeal all recommendations shall be made to the Superintendent.

9.0 ATHLETIC TRAVEL- WAIVER OF LIABILITY

This is to advise you that under California Education Code Section 35330(d) if your child goes on trips authorized by this Districts Board of Trustees, you and your child are deemed to have waived a claim against this District and the State of California for injury, accident, illness, or death occurring during or by reason of the trips. By signing the Athletic Activity Card, you acknowledge that you are aware of this law and that your child is being allowed to go on scheduled athletic trips with your permission

Students will travel to and from school activities and athletic events in school transportation or in school approved vehicles. Adult volunteer drivers and private transportation may be used according to written District Policy. Exceptions: Students may return from an activity with their parent or with the parent of another student. A written request from the parent must be approved and co-signed by the administrator or designee. This note is then given to the team's coach.

A student may travel to an activity with his/her parent/guardian, upon approval by the administrator or designee. Sometimes extenuating circumstances dictate this situation, such as scheduled medical appointments or other conflicting school activities, which make district transportation unfeasible.

Parent Volunteers

Any adult transporting students in a district vehicle or acting as a student chaperone must be pre-approved by school administration and have all necessary paperwork on file in the school office.

10.0 SEVERE INJURY - WARNING

Potential Dangers in Athletic Participation

Parents and athletes should fully understand and appreciate the risk of serious injury associated with participation in sports programs provided by TAUSD. Athletic activities can be hazardous, and taking part in such activities is calculated risk-taking on the part of the athlete and parents. While reducing injuries to a minimum is a goal of our coaching staff and administration, the possible dangers must not be overlooked.

PARTICIPATION IN COMPETITIVE ATHLETICS MAY RESULT IN SEVERE INJURY, WHICH MAY INCLUDE PARALYSIS OR EVEN DEATH. CHANGES IN GAME RULES, IMPROVED CONDITIONING PROGRAMS, AND IMPROVEMENT IN EQUIPMENT HAVE HELPED REDUCE THESE RISKS BUT IT IS IMPOSSIBLE TO TOTALLY ELIMINATE SUCH SEVERE INJURY FROM ATHLETICS.

Players can reduce the chance of an injury by obeying all safety rules in their sport, reporting any personal physical problem they have to their coach, follow the proper conditioning program and inspect their own equipment every day. Damaged equipment is not to be used and must be replaced immediately.

EVEN IF ALL THESE REQUIREMENTS ARE MET, AND THE ATHLETE IS USING PROPER EQUIPMENT, SERIOUS ACCIDENTS MAY STILL OCCUR.

Athletic Injuries and Insurance

Athletics is a voluntary program in which students participate at their own risk. Optional student insurance provided by the school is a secondary coverage policy, and may cover medical costs not covered under your own family insurance. Any time you are injured while participating in athletics, be sure that an Accident Report is filled out promptly. If your medical insurance company refuses to cover any charges because proper steps are not followed, the school insurance company also will not pay. TAUSD does not assume financial responsibility for medical, hospital, or ambulance expenses incurred because of athletic injuries. Questions regarding student insurance should be directed to the Athletic Director or Principal.

11.0 STUDENT CONTRACT - ATHLETIC PARTICIPATION

Student athletes must agree to the following statements:

11.1 Athletes will follow all the rules of TAUSD, the rules of the Activity Code, and all team rules as

set by individual coaches.

- 11.2 Athletes will not use alcohol, tobacco, drugs, or steroids.
- 11.3 Athletes will maintain good academic and citizenship records.
- 11.4 Athletes will conduct themselves in such a manner as not to bring discredit upon themselves, their team, or their school.
- 11.5 Athletes will turn in all school equipment and uniforms within one week following the end of the season. Athletes are responsible for any items that are lost and will pay for the replacement of such items.

12.0 ATHLETIC CODE ENFORCEMENT

Jurisdiction

The Athletic Code of Conduct will be enforced for all athletes during the entire school year or during any time the athlete is participating on a school sponsored team, whether the violation occurs on or off school grounds. Issues reported by law enforcement agencies, or witnessed first hand by a member of the TAUSD staff will be acted upon, regardless of when they occur. An athlete is defined as any student who has begun participation on any team (for the purpose of enforcing the Athletic Code).

Appeals Process

Whenever a student-athlete or his/her parents question the outcome of a hearing regarding an Athletic Code Violation, an appeal may be made to the Superintendent. Such appeal must be made in writing within two days after the decision is rendered by the site Principal. The Superintendent shall schedule a meeting as soon as possible, allowing time for his/her investigation of the facts, and time necessary to assemble the interested parties.

After hearing the appeal, the Superintendent may take up to twenty-four hours to render a decision.

The decision of the Superintendent may be appealed to the TAUSD Governing Board. Such appeal must be in writing within two days after the decision of the Superintendent is rendered. The Governing Board will hear the case at its next regularly scheduled meeting, and will render a decision within seven days after the meeting.

The Superintendent shall decide if the student-athlete shall continue participation during the Appeals Process. Every attempt shall be made to expedite the process, whether the student-athlete is allowed to participate during the Appeals Process or not.

13.0 DRESS CODE

Dress Code

Coaches are responsible for enforcing proper dress for their student-athletes during practice sessions. This includes the times before and after practice while the student-athletes are in or around the school buildings.

1. Hats may not be worn in the building, except during baseball or softball practice.
2. Sports bras must be covered. Girls must wear t-shirts under loosely fitting game or practice jerseys.
3. Boys must wear shirts at all times in and around the school and practice and game areas.

Athletes will dress in a respectful manner reflecting the positive values of their team, school and community on game days. All other school dress code policies will be in effect during team functions.