



TRINITY ALPS UNIFIED SCHOOL DISTRICT



BREAKFAST



OCTOBER 2020

Monday	Tuesday	Wednesday	Thursday	Friday									
			1 BREAKFAST SANDWICH YOGURT FRUIT	2 WARM MUFFIN YOGURT FRUIT									
5 GRANOLA YOGURT FRUIT	6 OATMEAL YOGURT FRUIT	7 SCRAMBLED EGGS WITH BACKON & CHEESE TATER TOTS KETSUP 100% FRUIT JUICE	8 PANCKES SYRUP/PB FRUIT	9 CINNAMON BREAKFAST CAKE SAUSAGE 100% FRUIT JUICE									
12 NO SCHOOL TODAY  COLOMBUS DAY	13 WAFFLES SYRUP/PB CHEESE STICK 100% FRUIT JUICE	14 FIESTA CHEESE OMELET TATERTOTS 100% FUIT JUICE	15 WARM BAGEL CREAMCHEESE/PB/JELLY FRUIT	16 WARM MUFFIN YOGURT 100% FRUIT JUICE									
19 FRENCH TOAST SYRUP/PB CHEESE STUCKS 100% FRUIT JUICE	20 OATMEAL CHEESE STICKS FRUIT	21 BREAKSAST TACOS SALSA & CHEESE 100% FRUIT JUICE	22 WARM BICUITS PB/JELLY SAUSAGE FRUIT	23 WARM MUFFIN YOGURT 100% FRUIT JUICE									
26 PANCAKES YOGURT FRUIT	27 WARM BAGEL CREAM CHEESE/PB/JELLY FRUIT	28 BISCUITS & GRAVY 100% FRUIT JUICE	29 BREAKFAST CHURRO'S YOGURT 100% FRUIT JUICE	30 WAFFLES SYRUP/PB CHEESE STICK 100% FRUIT JUICE									
	<u>Breakfast Includes:</u> 1% MILK CEREAL OPTION DAILY		<u>TAUSD *</u> <table border="0"> <tr> <td></td> <td><u>Breakfast</u></td> <td><u>Lunch</u></td> </tr> <tr> <td>Student:</td> <td>2.00</td> <td>3.25</td> </tr> <tr> <td>Adult:</td> <td>2.75</td> <td>4.50</td> </tr> </table>		<u>Breakfast</u>	<u>Lunch</u>	Student:	2.00	3.25	Adult:	2.75	4.50	* 1ST STUDENT BREAKFAST EACH DAY IS FREE
	<u>Breakfast</u>	<u>Lunch</u>											
Student:	2.00	3.25											
Adult:	2.75	4.50											



TRINITY ALPS



UNIFIED SCHOOL DISTRICT LUNCH



OCTOBER 2020

Monday	Tuesday	Wednesday	Thursday	Friday
			1 HOAGIE SANDWICH FRENCH FRIES LETTUS & TOMATO FRUIT	2 BBQ PORK SANDWICH YOGURT VEGETABLE FRUIT
5 BURRITO MEXICAN CORN RICE FRUIT	6 FAJITA TUESDAY CHICKEN FAJITA FRESH TOPPINGS MEXACAN RICE FRUIT	7 HAMBURGERS BAKED BEANS LETTUS & TOMATO FRUIT	8 CHILI CORN BREAD VEGETABLE FRUIT	9 HAM & CHEESE BAGLE MELT SUN CHIPS LETTUS & TOMATO FRUIT
12 	13 NACHO TUESDAY NACHO'S FRESH TOPPINGS BEANS	14 SPAGHETTI WITH MEAT SAUSE GARLIC BREAD STICKS VEGETABLE FRUIT	15 ORANGE CHICKEN RICE VEGETABLE	16 PIZZA VEGETABLE FRUIT
19 CHICKEN STRIPS FRIES VEGETABLE FRUIT	20 TACO TUESDAY PORK CARNITAS TACO FRESH TPPPINGS SPANISH RICE FRUIT	21 CORNDOG FRENCH FRIES VEGETABLE FRUIT	22 SLOPPY JOE FRENCH FRIES VEGETABLE FRUIT	23 SUB SANDWICH SUN CHIPS LETTUS & TOMATO FRUIT
26 FRIED CHICKEN ROLL VEGETABLE FRUIT	27 TACO TUESDAY BEEF TACO TOPPINGS REFRIED BEANS FRUIT	28 HOT DOGS TATER TOTS VEGETABLE FRUIT	29 GRILLED CHEESE TOMATO SOUP FRUIT	30 PIZZA VEGETABLE FRUIT
	<u>Lunch Includes:</u> 1% MILK CEREAL OPTION DAILY		<u>TAUSD *</u> Breakfast Lunch Student: 2:00 3.25 Adult: 2./5 4.50	* 1ST STUDENT LUNCH EACH DAY IS FREE

